# Florida GulfCoast Physical Therapy LLC



## PATIENT INFORMATION SHEET

		Phone #			
Address (Florida):					
City	State		Zip Code		
Address (Not Florida):					
City	State	Zip Code	Pho	one #	
Social Security #		Birth date_			
	Female				
35 1, 10, , (1 1 )	Single Married	Divorced	Separated	Widowed	
Insurance Company (Primary)	0				
Insurance Company (Secondary)					
<u>-</u> -		on if your insurance is not in			
Insured's Name				DOR	
				DOD	
AddressCity	State		7in Codo		
City	State		Zip Couc		
A we way able to want 2	Occupation		, .	1) 50	<b>D</b>
Are you able to work?(circle) yes no		Db #	(CII	cle) Full time	Part time
Employer		Pnone #			
Address			7' 0 1		
City	State		Zip Code		
Date of injury, surgery or onset of symp	ntoms (mm/dd/yy) nl	ease he specific			
					<del></del>
Possible cause for injury (fall, car accid					
If due to car accident or work, did you r	•		Yes	No	
Please fill ou	it the following information	n if you were in a motor vehi	icle accident:		
Insurance Company		Phone #			
Address					
City	State		Zip Code		
Case Manager		Claim #			
Attorney		Phone #			
Address					
City	State		Zip Code		
		on if you sustained your inju			
Insurance Company		I none #			
Address			7:- Codo		
City	State	Claim #	Zip Code		
Case Manager		Claim #			
Are you currently receiving any other	r treatments:				
Are you currently receiving any other Are you currently receiving home hea		Yes	No	If voc	answer below
Home health company name			NO	n yes	aliswei below
Dhone #		Contact			
Phone #When was your last visit?		A wa they askedule			
when was your last visit:		Are they scheduled	ı to return	? Yes	No
Thank you for your cooperation. If you a scheduled appointment time. A \$25 fee will b I have read and understand the policy reg GulfCoast Physical Therapy. I authorize conparties, as indicated.	e assessed for missed apgarding fees and agree t	pointments without a 24 o pay any remaining bal	hours notice ance. I auth	orize payment (	directly to Florid
What are your goals for therapy?					
Patient Signature:		Dat	te		



Phone: 239-948-2222 Fax: 239-948-2225 Web: flgulfcoastpt.com

Diagnosis / complaint				
Date of injury / onset of symptoms Symptoms				<del></del>
_	I CT sca	n arthrogram sonogra	m EMG	NCV Bone density
Pain description: (circle all that apply) Other:	Sharp 1	Dull Achy Shooting	Stabbing	Stiff Throbbing
Do you experience: (circle all that apply) Other:	Numbness	Tingling Burning	Weakness	Cramping
Please mark the lines below a		Right	Left	Left Right
		,	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	5_2
Pain at best $(0/10 = \text{no pain}, 10/10 \text{ pa})$	ain = emer	gency)		
<u>05</u>		10		1101011
		/ [	- ]	(h!d^)
Pain at worst $(0/10 = \text{no pain}, 10/10 \text{ p})$	ain = eme	rgency)	YN/	/(  )
0 5		9:11	100	
05		\	1./	\ 1 /
		l	101	101
Current pain $(0/10 = \text{no pain}, 10/10 \text{ p})$	oain = eme	rgency)	W/	\ \ \ /
0 5		10	) ¥ (	)}{{
<u> </u>		(	لاسالينا	90
		Put an 'X' on	the diagram	above where you feel pain.
Is your pain: (circle) Constant Intermitten	nt At regula	ar intervals		
<b>Does your pain:</b> (circle) prevent sleep	wake you fro	om sleep feel better after sleep	feel worse after	er sleep not influenced by sleep
What increases your symptoms?				
What decreases your symptoms?				
Do you have any of the following: (circle				
Yes No Heart condition/Heart Attack		Stroke	Yes No	Diabetes
Yes No <b>Asthma</b>	Yes No	<b>High Blood Pressure</b>	Yes No	Low Blood Pressure
Yes No Anemia	Yes No	Seizures / Epilepsy	Yes No	Severe / Chronic Headaches
Yes No <b>Arthritis</b> Yes No <b>Kidney Disease</b>	Yes No	Pacemaker	Yes No	Osteoporosis
Yes No Kidney Disease Yes No Circulatory Problems	Yes No Yes No	Hepatitis / Jaundice Recent Weight Gain / Loss	Yes No Yes No	Hearing loss Dizziness / Loss of Balance
Yes No Incontinence	Yes No	Pregnant Pregnant	Yes No	Cancer
Other:				
During the past 5 years have you been	n admitted	to the hospital or had sur	gery?(circle)	Yes No If Yes explain:
Date: Reason:		<del>-</del>		=
Date: Reason:				
Date: Reason:				
Have you had any previous orthopedi				
Date: Diagnosis	-	, •	Date:	Diagnosis
Date: Diagnosis		Diagnosis		Diagnosis
Diagnosis	Date	Diagnosis	_ Date	Diagnosis
Patient Signature:		D	ate	

PATIENT NAME:	ID#	#: DATE:
<b>Description</b> : This survey is meant to help us obtain information fre capability. Please circle the answers below that best apply.	rom o	ur patients regarding their current levels of discomfort and
1. Please rate your pain level with activity: NO PAIN = 0 1	2	3 4 5 6 7 8 9 10 = VERY SEVERE PAIN
NECK DISABILITY INDEX – INITIAL VISIT		
1. Pain Intensity	6.	Reading
(0) I have no pain at the moment.		(0) I can read as much as I want with no pain in my neck.
(1) The pain is very mild at the moment.		(1) I can read as much as I want with slight neck pain.
(2) The pain is moderate at the moment.		(2) I can read as much as I want with moderate neck pain.
(3) The pain is fairly severe at the moment.		(3) I can't read as much as I want because of moderate
(4) The pain is very severe at the moment.		neck pain.
(5) The pain is the worse imaginable at the moment.		(4) I can hardly read at all because of severe neck pain.
		(5) I cannot read at all because of neck pain.
2. Personal Care (washing, dressing, etc)		
(0) I can look after myself normally without extra pain.	7.	Work

- (1) I can look after myself normally but it causes extra pain.
- (2) It is painful to look after myself and I am slow and careful.
- (3) I need some help but manage most of my personal care.
- (4) I need help every day in most aspects of self care.
- (5) I cannot get dressed, wash with difficulty and stay in bed

#### 3. Lifting

- (0) I can lift heavy weights without extra pain.
- (1) I can lift heavy weights but it gives me extra pain.
- (2) Pain prevents me from lifting heavy weights off the floor but I can manage if they are on a table.
- (3) Pain prevents me from lifting heavy weights but I can manage if they are conveniently placed.
- (4) I can lift only very light weights.
- (5) I cannot lift or carry anything at all.

#### 4. Headache

- (0) I have no headaches at all.
- (1) I have slight headaches which come infrequently.
- (2) I have moderate headaches which come infrequently.
- (3) I have moderate headaches which come frequently.
- (4) I have severe headaches which come infrequently.
- (5) I have headaches almost all the time.

#### 5. Recreation

- (0) I am able engage in all my recreational activities without pain.
- (1) I am able to engage in my recreational activities with some pain.
- (2) I am able to engage in most but not all of my usual recreational activities because of my neck pain.
- (3) I am able to engage in a few of my usual recreational activities with some neck pain.
- (4) I can hardly do any recreational activities because of neck pain.
- (5) I can't do any recreational activities at all.

- (0) I can do as much as I want to.
- (1) I can only do my usual work but no more.
- (2) I can do most of my usual work but no more.
- (3) I cannot do my usual work.
- (4) I can hardly do any usual work at all.
- (5) I can't do any work at all.

#### 8. Sleeping

- (0) Pain does not prevent me from sleeping well.
- (1) My sleep is slightly disturbed (<1 hr sleep loss).
- (2) My sleep is mildly disturbed (1-2 hr sleep loss).
- (3) My sleep is moderately disturbed (2-3 hr sleep loss).
- (4) My sleep is greatly disturbed (3-4 hr sleep loss).
- (5) My sleep is completely disturbed (5-7 hr sleep loss).

#### 9. Concentration

- (0) I can concentrate fully when I want with no difficulty.
- (1) I can concentrate fully when I want with slight difficulty.
- (2) I have a fair degree of difficulty concentrating when I want.
- (3) I have a lot of difficulty concentrating when I want.
- (4) I have great difficulty concentrating when I want.
- (5) I cannot concentrate at all.

#### 10. Driving

- (0) I can drive my car without neck pain.
- (1) I can drive my car as long as I want with slight neck pain.
- (2) I can drive my car as long as I want with moderate neck pain.
- (3) I can't drive my car as long as I want because of moderate pain.
- (4) I can hardly drive my car at all because of severe neck pain.
- (5) I can't drive my car at all.

*Neck Disability Index* © *Vernon H. and Mior S., 1991.* 

v		
□Cancer		on's, CVA, Alzheimer's, TBI)
☐ Heart Condition	☐Surgery for this Problem	ICD9 Code:
☐ High Blood Pressure ☐ Multiple Treatment Areas	☐ Systemic Disorders (e.g., Lupus, Rheumatoid Arthritis, Fibromyalgia)	
	☐Cancer ☐Diabetes ☐Heart Condition ☐High Blood Pressure	□Cancer       □Neurological Disorders (e.g., Parkinson's, Muscular Dystrophy, Huntington Diabetes         □Diabetes       □Obesity         □Heart Condition       □Surgery for this Problem         □High Blood Pressure       □Systemic Disorders (e.g., Lupus, Rheumatoid Arthritis, Fibromyalgia)

PA'	TIENT NAME:			ID#: _						DA'	ГЕ:							
		rvey is meant to help us bility. Please circle the					ts regard	ding 1	the	ir cu	ırren	t le	evel	s o	f			
1. F	Please rate yo	ur pain level with a	ctivity: NO PAIN =	0 1	2	3	4 5	6	7	8	9		10 =	= VE	∃RY	SEV	'ERE	PAIN
<u>M(</u>	DDIFIED OS	WESTRY DISABI	LITY SCALE –	INIT	'IA	L V	<u>ISIT</u>											
	Pain Intensity					6.	Standir	ıg										
		ain I have without having at I can manage without h				(1)	I can sta I can sta Pain pre	and as	s lo	ng as	s I wa	ant	but,	it i	ncre	eases	s my	pain.
3)	Pain medication p Pain medication pr	rovides me with complete ovides me with moderate	relief from pain.				Pain pro	events	s m	e fro	m sta	andi	ing 1	moı	re th	nan 1	/2 h	our.
		rovides me with little relie as no effect on my pain.	f from pain.			(5)	Pain pre		s m	e fro	m sta	ındi	ing a	at a	11.			
2.	Personal Care (w	ashing, dressing, etc.)				<b>7.</b> (0)	Sleepin Pain do		t pr	even	t me	fro	m s	leer	oing	wel	l.	
(0)	I can take care of	myself normally without o					I can sle	eep w	ell	only	by u	sing	g pa	in r	med	icati	on.	
		myself normally, but it inc e care of myself, and I am				(2)	Even w											
		am able to manage most of					Even w											
4)	I need help every	day in most aspects of my d, wash with difficulty, ar	care.			(5)	Pain pre									1		
- /	8	-,, ,				8.	Social I	Life										
	Lifting					(0)	My soci											
		eights without increased parights, but it causes increase					My soci Pain pre											
		from lifting heavy weights				(2)	activitie							5		111010	CIIC	igetie
		f the weights are convenie	ently positioned				Pain pre	events	s m	e fro	m go	ing	gout					
2)	(eg, on a table).	From lifting books waights	hut I can managa				Pain has											
	light to medium w	from lifting heavy weights eights if they are convenion					I have h	-	an	y soc	iai ii	ie t	beca	iuse	; 01	шу Į	oann.	
	I can lift only very I cannot lift or car					<b>9.</b> (0)	Traveli I can tra	_	nvv	whore	a witl	hou	ıt in	cres	seec'	l nair	1	
,5)	realmot int or ear	ry anything at an.					I can tra											
	Walking					(2)	My pair	ı restr	rict	s my	trave	el o	ver	2 h	ours	s.		
		ent me from walking any					My pair											
		from walking more than 1 from walking more than ½				(4)	My pair journey											urneys
		from walking more than 1/2				(5)	My pair											ie
4)	I can only walk wi	th crutches or a cane.  of the time and have to cra				` '	physicia											
/	In ood most c	and and have to cla	to the tonet.			10.	Employ	men	t / 1	Hom	emal	kin	ıg					
5.	Sitting						My nor											
		nir as long as I like.	I lile			(1)	My nor											
		y favorite chair as long as from sitting more than 1 h				(2)	I can pe											
		from sitting more than ½ l				` '	pain pre											
		from sitting more than 10	minutes.				stressfu										_	
(5)	Pain prevents me	from sitting at all.					Pain pre											duties.
							Pain pro											mema
						cho					p -			-6	,	,		
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		☐ Heart Condition ☐ High Blood Pressure	☐ Surgery for this Pro			Dha	4 - : - 1 A		. E	:haon	avol~	(a)		10	J	9 C	ode	e:

 $\square Multiple \ Treatment \ Areas$ 

### **Current Medication List**

Medication	Dosage	Frequency	How is drug administered?					
			Oral	Transdermal	Suppository	Injection		